CURRICULUM VITAE

ALEXANDROS PAPAMICHAIL

Αλέξανδρος Παπαμιχαήλ

Race walker · 20 · 35 · 50 km · Marathon

Facebook ↗ Instagram ↗ World Athletics ↗



3	7	7	22	44	12
Olympic Games	**World Championships**	**European Championships**	**National records broken**	**Medals at Greek Championships**	**Balkan medals**
2012 · 2016 · 2021	2013 – 2025	2007 – 2026	Current holder: 5 · 20 · 35 · 50 km	42 gold	8 gold

PERSONAL DETAILS

BORN
18 September 1988
Karditsa, Greece

CLUB
Pammiliakos A.C.

EVENTS
20 · 35 · 50 km race walk
Marathon race walk

EDUCATION
Bachelor's degree in Physical Education and Sport Science, University of Thessaly

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NATIONAL TITLES

20 km	15×
5000 m indoor	10×
35 km	4×
10 km	2×
50 km	1×
Marathon	1×

44 medals in total at the Greek Championships, from U18 to senior level: 42 gold and 2 silver.

OLYMPIC GAMES

3 appearances

2012 — London
20 km — 15th — 1:21:12 NR
50 km — 22nd — 3:49:56 NR

2016 — Rio de Janeiro
20 km — 20th — 1:21:55
50 km — 28th — 3:59:21

2021 — Tokyo (Sapporo)
50 km — 36th — 4:12:49

WORLD CHAMPIONSHIPS

7 appearances

2013	Moscow · Russia	20 km	15th	1:23:48	
2015	Beijing · China	20 km	25th	1:24:11	
2017	London · UK	20 km	42nd	1:23:56	
2019	Doha · Qatar	50 km	17th	4:22:39	
2022	Eugene · USA	35 km	29th	2:34:48	NR
2023	Budapest · Hungary	20 km	38th	1:24:26	
2025	Tokyo · Japan	35 km	29th	2:42:07	

EUROPEAN CHAMPIONSHIPS

7 appearances

2007	Hengelo U20	10,000 m	5th	42:04	NR U20
2009	Kaunas U23	20 km	6th	1:25:06	NR U23
2014	Zurich	50 km	12th	3:49:58	
2018	Berlin	20 km	15th	1:22:51	
2022	Munich			*competed*	
2024	Rome			*competed*	
2026	Birmingham	Marathon	21st	3:18:25	

Records and medals

22 Greek national records broken, from U18 to senior level · current holder of the national records at 5, 20, 35 and 50 km. 12 medals at the Balkan Championships, 8 of them gold.

GREEK RECORD HOLDER · MEN

20 km	35 km	50 km	5000 m
1:21:12	2:34:48	3:49:56	19:01.44
Olympic Games London 2012	World Championships Eugene 2022	Olympic Games London 2012	Indoor Piraeus 2024

GREEK RECORDS BROKEN 22

Senior	**20 km**	1:21:19 · Lugano 18 Mar 2012 → 1:21:12 · Olympic Games, London 4 Aug 2012
	35 km	Megara 28 Feb 2021 → 2:34:48 · World Championships, Eugene 24 Jul 2022
	50 km	3:49:56 · Olympic Games, London 11 Aug 2012
	5000 m indoor	Piraeus 10 Feb 2013 → Piraeus 2 Feb 2014 → Piraeus 14 Feb 2015 → 19:08.74 · Piraeus 13 Feb 2016 → 19:01.44 · Piraeus 17 Feb 2024
	Marathon mixed relay	3:10:11 · World Team Championships, Antalya 21 Apr 2024 → 3:05:08 · Dublin 22 Jun 2024
U23	**20 km**	1:25:08 · Bucharest 25 Apr 2009 → 1:25:06 · Kaunas 18 Jul 2009
U20	**10,000 m**	43:08 · Istanbul 21 Apr 2006 → Megara 18 Mar 2007 → 42:09 · Galați 14 Apr 2007 → 42:04 · Hengelo 21 Jul 2007
U18	**10,000 m**	46:40 · Reșița 3 Apr 2004 → Aspropyrgos 20 Mar 2005 → Argos 25 Jun 2005
	5000 m	21:36 · Barcelona 4 Jun 2005

BR **New Balkan U20 record** · 10,000 m in **42:09** · Galați, Romania, 14 Apr 2007

BALKAN CHAMPIONSHIPS 12 medals

SENIOR · 7 GOLD

1	**2026**	Izmir	Half marathon	**1:31:44**
1	**2025**	Astros	35 km	**2:39:04**
1	**2024**	Antalya	20 km	**1:22:33**
1	**2023**	Antalya	35 km	**2:37:25**
1	**2022**	Athens	35 km	**2:39:46**
1	**2019**	Alexandroupoli	20 km	**1:24:40**
1	**2017**	Florina	20 km	**1:26:40**

SENIOR · 2 BRONZE

3	**2011**	Bucharest	20 km	**1:24:56**
3	**2009**	Bucharest	20 km	**1:25:08**

U20 · 1 GOLD · 1 SILVER · 1 BRONZE

1	**2007**	Galați	10,000 m	**42:09**
2	**2006**	Istanbul	10,000 m	**43:08**
3	**2005**	Preveza	10,000 m	**45:50**

International results

66 international competitions, 2004–2026, most recent first.

Olympic Games, World and European Championships · 1 2 3 podium finish · NR new national record · BR new Balkan record

U18 · U20 · U23: under-18, under-20 and under-23 age groups

DATE		POS.	COMPETITION	VENUE	EVENT	TIME	
2026	15 Aug	21	**European Championships**	Birmingham, UK	Marathon	**3:18:25**	
	14 Mar	1	Balkan Race Walking Championships	Izmir, Türkiye	Half marathon	**1:31:44**	
2025	13 Sep	29	**World Championships**	Tokyo, Japan	35 km	**2:42:07**	
	18 May	20	European Race Walking Team Championships	Poděbrady, Czechia	20 km	**1:23:54**	
	26 Apr	2	International race walking meeting	Borský Mikuláš, Slovakia	10,000 m	**40:40**	
	12 Apr	1	Balkan Race Walking Championships	Astros, Greece	35 km	**2:39:04**	
2024	22 Jun	3	International race walking meeting Marathon race walk mixed relay	Dublin, Ireland	Marathon	**3:05:08**	NR
	25 May	8	International race walking meeting	Borský Mikuláš, Slovakia	20 km	**1:22:16**	
	21 Apr	–	World Race Walking Team Championships Marathon race walk mixed relay	Antalya, Türkiye	Marathon	**3:10:11**	NR
	16 Mar	10	International race walking meeting	Dudince, Slovakia	20 km	**1:21:55**	
	9 Mar	1	Balkan Race Walking Championships	Antalya, Türkiye	20 km	**1:22:33**	
2023	28 Oct	8	International race walking meeting	Zittau, Germany	20 km	**1:23:41**	
	19 Aug	38	**World Championships**	Budapest, Hungary	20 km	**1:24:26**	
	21 May	19	European Race Walking Team Championships	Poděbrady, Czechia	20 km	**1:24:52**	
	9 Apr	1	Balkan Race Walking Championships	Antalya, Türkiye	35 km	**2:37:25**	
2022	24 Jul	29	**World Championships**	Eugene, USA	35 km	**2:34:48**	NR
	3 Apr	1	Balkan Race Walking Championships	Athens, Greece	35 km	**2:39:46**	
2021	6 Aug	36	**Olympic Games**	Tokyo (Sapporo), Japan	50 km	**4:12:49**	
	20 Mar	9	International race walking meeting	Dudince, Slovakia	50 km	**3:51:03**	
2019	28 Sep	17	**World Championships**	Doha, Qatar	50 km	**4:22:39**	
	19 May	11	European Race Walking Cup	Alytus, Lithuania	50 km	**3:56:19**	
	20 Apr	1	Balkan Race Walking Championships	Alexandroupoli, Greece	20 km	**1:24:40**	
	6 Apr	18	International race walking meeting	Rio Maior, Portugal	20 km	**1:24:30**	
2018	11 Aug	15	**European Championships**	Berlin, Germany	20 km	**1:22:51**	
	9 Jun	2	International race walking meeting	Simnas, Lithuania	5000 m	**19:31**	
	8 Jun	6	International race walking meeting	Alytus, Lithuania	20 km	**1:24:55**	
	7 Apr	6	International race walking meeting	Rio Maior, Portugal	20 km	**1:22:48**	
2017	13 Aug	42	**World Championships**	London, UK	20 km	**1:23:56**	
	21 May	25	European Race Walking Cup	Poděbrady, Czechia	20 km	**1:23:53**	
	8 Apr	1	Balkan Race Walking Championships	Florina, Greece	20 km	**1:26:40**	
	1 Apr	8	International race walking meeting	Rio Maior, Portugal	20 km	**1:22:46**	

INTERNATIONAL RESULTS · CONTINUED

DATE	POS.	COMPETITION	VENUE	EVENT	TIME	
2016	19 Aug	28	**Olympic Games**	Rio de Janeiro, Brazil	50 km	**3:59:21**	
	12 Aug	20	**Olympic Games**	Rio de Janeiro, Brazil	20 km	**1:21:55**	
	7 May	17	World Race Walking Team Championships	Rome, Italy	20 km	**1:21:32**	
	19 Mar	5	International race walking meeting	Dudince, Slovakia	20 km	**1:21:48**	
2015	23 Aug	25	**World Championships**	Beijing, China	20 km	**1:24:11**	
	17 May	6	European Race Walking Cup	Murcia, Spain	50 km	**3:51:38**	
	15 Mar	5	International race walking meeting	Lugano, Switzerland	20 km	**1:22:43**	
2014	15 Aug	12	**European Championships**	Zurich, Switzerland	50 km	**3:49:58**	
	16 Mar	9	International race walking meeting	Lugano, Switzerland	20 km	**1:23:04**	
2013	11 Aug	15	**World Championships**	Moscow, Russia	20 km	**1:23:48**	
	19 May	10	European Race Walking Cup	Dudince, Slovakia	50 km	**3:51:06**	
2012	11 Aug	22	**Olympic Games**	London, UK	50 km	**3:49:56**	NR
	4 Aug	15	**Olympic Games**	London, UK	20 km	**1:21:12**	NR
	24 Mar	5	International race walking meeting	Dudince, Slovakia	50 km	**3:55:13**	
	18 Mar	10	International race walking meeting	Lugano, Switzerland	20 km	**1:21:19**	NR
2011	23 Oct	1	International race walking meeting	Bergamo, Italy	20 km	**1:23:21**	
	26 Jun	15	International race walking meeting	Dublin, Ireland	20 km	**1:25:35**	
	9 Apr	3	Balkan Race Walking Championships	Bucharest, Romania	20 km	**1:24:56**	
2010	11 Jun	5	International race walking meeting	Alytus, Lithuania	20 km	**1:30:52**	
2009	18 Jul	6	**European U23 Championships**	Kaunas, Lithuania	20 km	**1:25:06**	NR U23
	30 Jun	6	Mediterranean Games	Pescara, Italy	20 km	**1:28:04**	
	24 May	22	European Race Walking Cup	Metz, France	20 km	**1:33:31**	
	25 Apr	3	Balkan Race Walking Championships	Bucharest, Romania	20 km	**1:25:08**	NR U23
2008	12 Apr	4	Balkan Race Walking Championships	Bucharest, Romania	20 km	**1:31:09**	
2007	21 Jul	5	**European Junior Championships**	Hengelo, Netherlands	10,000 m	**42:04**	NR U20
	20 May	13	European Race Walking Cup, U20	Leamington Spa, UK	10,000 m	**43:29**	
	14 Apr	1	Balkan Race Walking Championships, U20	Galați, Romania	10,000 m	**42:09**	BR U20 NR U20
2006	19 Aug	9	World Junior Championships	Beijing, China	10,000 m	**44:36**	
	13 May	10	World Race Walking Cup, U20	A Coruña, Spain	10,000 m	**43:31**	
	21 Apr	2	Balkan Race Walking Championships, U20	Istanbul, Türkiye	10,000 m	**43:08**	NR U20
2005	4 Jun	5	International meeting	Barcelona, Spain	5000 m	**21:36**	NR U18
	21 May	21	European Race Walking Cup, U20	Miskolc, Hungary	10,000 m	**45:29**	
	23 Apr	3	Balkan Race Walking Championships, U20	Preveza, Greece	10,000 m	**45:50**	
2004	1 May	39	World Race Walking Cup, U20	Naumburg, Germany	10,000 m	**46:53**	
	3 Apr	6	Balkan Race Walking Championships, U20	Reșița, Romania	10,000 m	**46:40**	NR U18

Placings at the Olympic Games and the World and European Championships are the official World Athletics results. Information as of September 2026.